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SOUTH GLOUCESTERSHIRE COMMUNITY LEARNING



# Happy Parents, Happy Children!

Feeling good about yourself helps your child feel positive and develop the resilience to overcome challenges. During this course you will work to:

- identify what impacts on your family's emotional wellbeing
- develop strategies to address concerns and promote positive self-esteem

**This 4-week course will be on Friday's after half-term  
Starts Friday 14<sup>th</sup> June 1.30pm-3.30pm**

St Paul's Catholic Primary School  
Sundridge Park  
Yate, BS37 4EP

For further details and to book your place, please contact the school office on 01454 866790 or email [admin@stpaulscatholicprimary.co.uk](mailto:admin@stpaulscatholicprimary.co.uk) or alternatively Mrs Dinning our Parent Link Worker.